

# Castlerea Trails

## Conairí Chaisleáin Riabhaigh

### CASTLERA TOWN

A market town, bustling with amenities, services and facilities, Castlerea is beautifully situated in wooded countryside on the banks of the River Suck and the River Francis, both of which are tributaries of the River Shannon. It is steeped in history, heritage, scenic beauty and places of interest. Castlerea is the birthplace of Dr. William Wilde, father of Oscar Wilde, playwright, novelist, essayist and poet and Sir Douglas Hyde, celtic scholar, poet and First President of Ireland.

### CAISLEÁN RIABHACH

Baile margaidh, beo bríomhar le háiseanna, seirbhísí agus saoráidí, tá Caisleán Riabhach suite i limistéar tuaithe coillteach ar bhruach Abhainn na Suca agus Abhainn Francis, an dá cheann acu ina bhfo-aibhneacha d'Abhainn na Sionainne. Tá an baile ar maos i stair, oidhreacht, áilleacht scéimhe agus áiteanna spéise. Is i gCaisleán Riabhach a rugadh an Dr. William Wilde, athair Oscar Wilde, drámadóir, úrscéalaí, scríbhneoir aistí agus file agus Dubhghlas de hÍde, scoláire Ceilteach, file agus an Céad Uachtarán na hÉireann.

### CASTLERA DEMESNE

Located in the heart of the town, Castlerea Demesne is a haven of tranquillity, where you can take a leisurely stroll or cycle along the riverbank, enjoy scenic beauty, natural habitats and abundant wildlife. From Castlerea Demesne, to the north west, walkers can follow meandering trails through ancient woodland, home to a wealth of native flora and fauna.

### DIMÉIN CHAISLEÁIN RIABHAIGH

Suite i gcróilár an bhaile, is áit an-suaimhneach i Diméin Chaisleáin Riabhaigh, ar féidir leat dul ag siúl nó ag rathíocht ar do shuaimhneas ar bhruach na habhainn, taitneamh a bhaint as an áilleacht scéimhe, na gnáthóga nádúrtha agus an fiadhúlra flúirseach. Ó Dhiméin Chaisleáin Riabhaigh, go dtí an Iarthuaisceart, is féidir le siúlóirí conairí spaisteoireachta a leanúint trí choillearnach ársa, áit a bhfuil saibhreas flora agus fauna dúchasach.

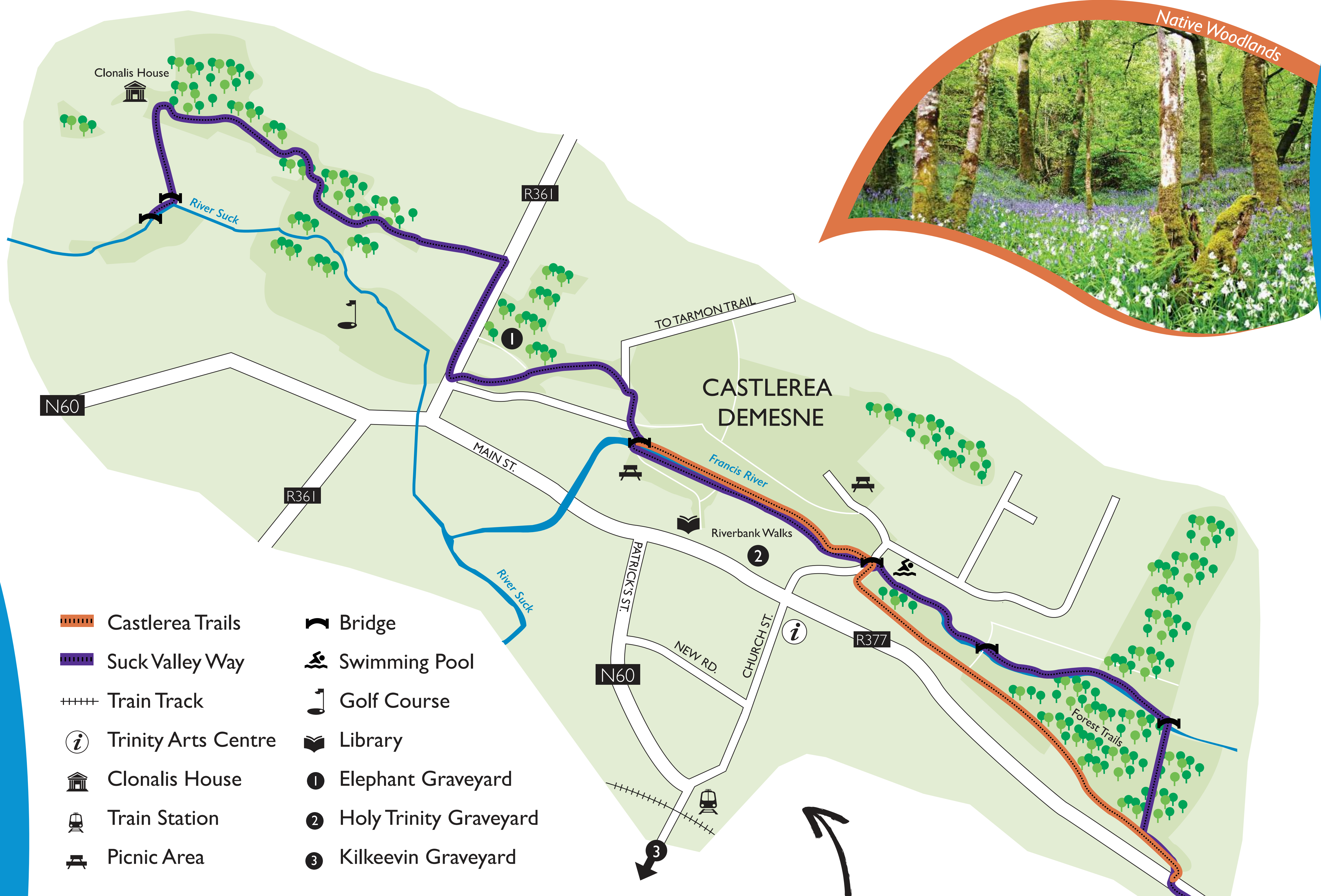
### CLONALIS HOUSE

These trails lead to Clonalis House, the Ancestral Home of the O'Conors, Kings of Connacht and at various times, the High Kings of Ireland. This impressive building has been sensitively restored over the last decade and visitors will find an elegant house with a large collection of family portraits, telling a unique and interesting story. By following the Castlerea Demesne trails to the south east, walkers can join the Suck Valley Way long-distance walking trail, leading to Ballintober Castle, the chief seat of the O'Connors of Connaught and one of the few surviving early medieval castles of an Irish ruler. From Clonalis House to Ballintober Castle, enjoy a 700 year walk through Irish History.

### TEACH CHLUAIN MHALAIS

Tugann na conairí sin chomh fada le Teach Chluain Mhalais tú, baile dúchais muintir Chonchobhair, Rithe Chonnacht agus ag amanna éagsúla, Ard-Rithe na hÉireann. Tá athchóiriú iogair déanta ar an bhfoirgneamh mórthaibhseach seo le deich mbliana anuas agus feicfidh cuairteoirí teach galánta le bailiúchán mór portráidí teaghlaigh a insíonn scéal uathúil agus suimiúil. Má leanann siúlóirí Diméin Chaisleáin Riabhaigh conairí soir ó dheas, féadfaidh siad nascadh le conair shiúil fad-achair Slí Ghleann na Suca, a thabharfaidh chomh fada le Caisleán Bhaile an Tobair iad, príomhshuíochán mhuintir Chonchobhair Chonnacht atá ar cheann den líon beag caisleán meánaoiseach de chuid lucht ceannais na hÉireann atá fós ar an bhfód. Ó Theach Chluain Mhalais go Caisleán Bhaile an Tobair, bain sult as siúlóid 700 bliain trí Stair na hÉireann.

### Clonalis House



- Castlerea Trails
- Suck Valley Way
- Train Track
- Trinity Arts Centre
- Clonalis House
- Train Station
- Picnic Area
- Bridge
- Swimming Pool
- Golf Course
- Library
- 1 Elephant Graveyard
- 2 Holy Trinity Graveyard
- 3 Kilkeevein Graveyard

### TRAIL INFORMATION

Distance: 6km, Total Height Gain: 72m, Estimated Completion Time: 1.5hrs

Difficulty Rating: Moderate (Some climbs, uneven surfaces & obstacles. Suitable for people with a moderate level of fitness & some walking experience)

Waymarking: Yellow Arrows & Walking Man Symbols on Black Posts, Brown Finger Posts at Road Junctions

No dogs permitted on the Suck Valley Way to Clonalis House. Dogs pose a danger to livestock and dog owners as a result

Dogs must be kept on a lead in Castlerea Demesne

In case of emergency, call 999 or 112

For local tourist information visit [www.castlerea.ie](http://www.castlerea.ie)  
[www.roscommon.ie](http://www.roscommon.ie) or [www.clonalis.com](http://www.clonalis.com)



- Information Centre
- Train Station
- Historical House

For more information, visit [www.suckvalleywaywalk.ie](http://www.suckvalleywaywalk.ie)



### SUCK VALLEY WAY

Castlerea's trails form part of the long-distance national way-marked walking trail, the Suck Valley Way, passing through Counties Roscommon and Galway and the 'Nine Friendly Villages' of Ballygar, Creggs, Glinsk, Ballymoe, Ballintober, Donamon, Castlecoote, Athleague and Mount Talbot. The landscape en-route features river banks and lakes, bogs, callows, woodland, gentle hills and meadows and makes for wonderful and varied low-land walking.

The River Suck Valley can boast a wealth of history and heritage with many ring forts, castles and ancient churches along its banks. Of particular interest are the unique La Tène Stone at Castlestrange, an ovoid boulder of granite richly carved and dating from the Iron Age, and Donamon Castle, one of the oldest inhabited buildings in Ireland with a recorded history going back to 1154. The river and surrounding landscapes are rich in biodiversity - native Irish wildlife such as deer, hare and red squirrel can be spotted as you walk.

### SLÍ GHLEANN NA SUCA

Tá conairí Chaisleáin Riabhaigh mar chuid den chonair shiúil shlimharcaíte náisiúnta fad-achair, Slí Ghleann na Suca, a théann trí Chontae Ros Comáin agus Chontae na Gaillimhe agus na 'Naoi Sráidbhaile Cairdiúla' - Béal Átha Ghártha, Na Creaga, Glinsce, Béal Átha Mó, Baile an Tobair, Dún Iomáin, Baile Mhic Oireachtaigh, Áth Liag agus Mun Talbóid. Cuimsíonn an tírdheach feadh an bhealaigh bruaiche abhann agus lochana, portaigh, calaí, coillearnacha, cnoic agus móiní, rud a chinntíonn gur siúlóid íseal-chrioch iontach agus éagsúil í seo.

Tá go leor staire agus oidhreacht ag baint le Gleann na Suca lena n-áirítear ráthanna, caisleáin agus seipéil ársa. Ar an cinn is uathúla tá Cloch La Tène ag Caisleán Stráinse, ballán ubhchruthach eibhir ón iarannaois atá snóite go galánta, agus Caisleán Dhún Iomáin, ceann de na foirgnimh is sine a bhfuil daoine ina gcónaí ann in Éirinn agus téann a chuid taifead staire siar chomh fada le 1154. Tá an abhainn agus na tírdheacha máguaird saibhir ó thaobh na bithéagsúlachta de - is féidir fiadhúlra dúchasach na hÉireann ar nós fianna, giorriacha agus ioraí rua a fheiceáil agus tú ag siúl.



1 Plan ahead and prepare  
2 Be considerate of others  
3 Respect farm animals & wildlife  
4 Leave what you find  
5 Dispose of waste properly

For more information please visit [www.leavenotraceireland.org](http://www.leavenotraceireland.org)

